

St. Patrick's Hospital is pleased to present a

Special Guest Lecture

The Mind and The Brain How are they related?

Dr. Jeffrey Schwartz. M.D.

Jeffrey M. Schwartz, M.D., a leading neuroscientist and Research Psychiatrist at UCLA School of Medicine, is a seminal thinker and researcher in the field of self-directed neuroplasticity. He is the author of over 100 scientific publications in the fields of neuroscience and psychiatry and has also published three popular books with HarperCollins:

"Brain Lock: Free Yourself From Obsessive-Compulsive Behavior" (1997), *"The Mind and the Brain: Neuroplasticity and the Power of Mental Force"* (2002), and *"Dear Patrick: Letters to a Young Man"* (2003).

His major research interest over the past two decades has been brain imaging/functional neuroanatomy and cognitive-behavioral therapy, with a focus on the pathological mechanisms and psychological treatment of obsessive-compulsive disorder (OCD). He has also been a devoted practitioner of mindfulness meditation in the Pali Buddhist tradition for over thirty years. His strongest current interests are the philosophical theology of Dietrich Bonhoeffer, and the role of Christian meditation in enhancing mindful awareness and its effects on mind-brain relations.

Thursday July 10th at 7.00pm

Dean Swift Lecture Theatre
St. Patrick's Hospital
James's St.
Dublin 8

All welcome

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